

Weekly and Holiday Clinics

In order to gain the skills necessary to achieve success at any level players need professional coaching which is both FUN and DEVELOPMENTAL. GHFA clinics, powered by **Soccer Kickstart**, continue to provide the highest quality, value for money clinics for all players and clubs.



HOLIDAY CLINICS will be held at most zones of the GHFA and will be held in EVERY school holiday in BOTH weeks. For players of ANY SKILL LEVEL. They have multi-layered programs so all players can develop at their own rate and are aimed at 4 to 12 years olds.

These clinics will now also be run in conjunction with Mariners and clinics will include visits from Central Coast Mariner's players.

ADVANCED Holiday clinics (KickSTAR) will also be in every holiday for players of high ability from 9 to 15 years. We even have Beach Soccer Clinics. See www.ghfa.com.au.

WEEKLY TERM CLINICS are all over the GHFA region. Programs are for 3-5's, 4-7's, 7-12's and 9-14's. Go to www.soccerkickstart.com.au or ring 0425 22 1511.

GHFA Mariners Winter Academy

The Academy is open to all GHFA players and is the best way to obtain additional training as well as assist them in getting ready for representative football. We have 3 Academy's:

- **Pre-Academy** - Under 6 to 8 players. No trials but pre-registration necessary. See ghfa.com.au in April for details. 5 to 6pm. 14 sessions. \$285.
- **U9 Academy** - A squad of 28-32 players will be chosen from each age group. 5pm to 6.00pm. 16 sessions including 2 gameplay sessions. \$320.
- **U10 to U14 Academy** - A squad will be chosen from each age group. 16-32 players per age group. 6.15pm to 7.45pm. 16 weeks. Many sessions will be held alongside or with the Metro/Spirit players and gameplay sessions will be held against the representative teams. \$350.
- Trials Friday 23 April. U9/U10 - 5.30-7.00pm. U11-U14 - 7.30-9pm. Christie Park.
- 14 main sessions - May 3 to June 28 and July 19 to August 23. U10-U14 additional gameplay sessions - Friday 30 July & 6 August, U9/10 5pm and U11-14 7pm.
- Includes highest quality training run by Tim Thorne and full Central Coast Mariners/GHFA training kit.

All players who train with the academy still play with their club teams. Players can be picked for the Academy from games scouting, Open Trials and Holiday/Weekly Clinics.

Summer/Regional Academies

The Central Coast Mariners now run Summer Academies. Go to www.ccmariners.com.au for details.

GHFA Boot Day

To help players afford the the gear players need at the start of the season the GHFA is running a Boot Day. It will be on Sunday 21st of February at 9am-12.00pm.

All boots, shin pads and balls will be sold at greatly reduced prices thanks to Soccer Stop. See ghfa.com.au for details.

Club Contacts

For all club contact details, website addresses and information go to www.ghfa.com.au.



GHFA Contacts

Phone: 02 9887 2116 Fax: 02 9878 3916

Academy / Community / Coaching / Spirit Teams
Tim Thorne - community@ghfa.com.au

Administration
Kay or Nicole - ghfa@ghfa.com.au
www.ghfa.com.au



Soccer Kickstart
.com.au



Coaching Inservice Dates/Information

Quality Holiday & Weekly Clinics

Academy Trial Dates and Details

Free Competitions and Boot Days

For:
Players, Parents, Coaches and Clubs
of the
Gladesville Hornsby Football Association



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Introduction

While football is moving forward in leaps and bounds, so are the programs and clubs of GHFA.

As I was completing our inservices for our clubs I noticed how much more skillful and knowledgeable our players have got over the last 3 years.

The skill development programs the clubs have put in place along with the focus on quality football and not just winning football is providing our players with success on 2 fronts.

This year we intend to keep the momentum going with increased amount of the new FFA Junior and Youth Licence courses made available to GHFA clubs as well as continuing our massively popular Beginner Coaches Inservices.

Let's all make the most of this World Cup year both in our enjoyment of playing and our love of coaching this world game.



Tim Thorne
Youth League and
Community Development
Co-ordinator

Development Programs

1. We will again be running 12 Coaching Inservices, 3 Junior/Youth Licenses and 2 goalkeeper inservices.
2. Our coaching book will once again be given to all new U6-12 coaches. We will be inservicing on the FFA new S2S coaching software which will be rolled out in 2010.
3. Our highly successful quality and affordable weekly and holiday football clinics will once again be available across the GHFA with Mariners players making appearances.
4. The U6 to U13 Academy will once again be operating.
5. The new action packed free fun U9/10 4v4 competition will be held at Christie Park on Sunday May 30th 2010. 12.00pm to 2.40pm.



A Complete Pathway for GHFA Players

Now that the GHFA has 6 players guaranteed into the Central Coast Mariners Scholarship program, GHFA club players can now look forward to a seamless pathway for them to succeed.

With Brendan Griffin having just been signed from the GHFA-Spirit team to the Mariners National Youth Team GHFA has now shown that the dream can become a reality.

Add to this that our Winter Academy has now become part of this pathway, and that GHFA-Spirit players will be visiting the clubs and Mariners players will be visiting our clinics throughout the season, and it is easy to see why our players are getting so excited about where they could go in this beautiful game.

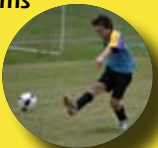


Coaching Inservices

NEW Club Inservices (Run by Tim Thorne)
For all specific times and dates see www.ghfa.com.au.
Most inservices will be 6.30 to 8pm.

Beginner and Intermediate Inservice (March):

- Technical coaching of skills within sessions.
- Small Sided Games (SSG) for 4 to 9 aside teams
- How to coach positioning and interchange teams on Saturdays
- How to coach teams at training
- The Drills which work and extension drills.
- Communication and discipline



Junior and Youth Licenses (March, June & November):

- Utilising the new coaching programs of FFA with additional GHFA coaching information.
- Your clubs will be notified of these.

Goalkeeper Player and Coaches Inservices

- For players and coaches. GK drills, techniques and tactics
 - 2 Inservices, 1 beginner/intermediate and 1 advanced.
- Details will be emailed to clubs.

Club Zones:

- Zone 1. Kenthurst/Glenhaven
- Zone 2. Hills Hawks/Dural/Pacific Hills/Redfield
- Zone 3. Normanhurst/Thornleigh
- Zone 4. Pennant Hills/Beecroft
- Zone 5. WestPennant Hills Cherrybrook
- Zone 6. Redbacks/Roselea/Carlingford Utd
- Zone 7. EastwoodStA./Epp.Eastw./Epp. YMCA
- Zone 8. North Epping/OLHC Epping/Macq.Dragons
- Zone 9. Ryde Saints Utd/PutneyRangers
- Zone 10. Ryde District/North Ryde/WRRovers
- Zone 11. Holy Cross College/Gladesville Ravens/Gladesville Sharks/All Saints HHill/Ararat/Northern HFC

Director of Coaching Workshops

Thursday 4 February 2010 - Ranking Inservice/DOC Meeting
Thursday November 25, 2010- Year Review
To be held at Christie Park at 7.00pm.

